

Crystal Gridding

Making your Magic Happen



LEANNE JAMES

Emotional Empowerment Coach
Counsellor and Energy Practitioner

#LotusEnergies

www.lotus-energies.com





Crystal Gridding Basics

Making your Magic Happen

LEANNE JAMES

Emotional Empowerment Coach
Counsellor and Energy Practitioner

#LotusEnergies

www.lotus-energies.com

V2022

What is Crystal Gridding?



Crystal Gridding is bring together the power of nature's harmonic geometries, her crystal energies and our own powerful intention, into an arrangement of design that interweaves your aspirations with nature so that your desire can be manifested.

It is a beautiful and synchronistic way to present to the Universe your wish.

Crystal Gridding uses the laws and beauty of nature to bring Magic to your world by utilising the sacred geometry of nature, the energies of crystals and our Intention. All of these things have a vibration and when we align them it will create a power station or magnet for our Intention

Universal Energy

Everything in and around us is Energy.

It flows through every living thing and holds everything together.

Energy, whether seen or not seen, still operators to Universe.

So why not use the energy of nature to add value to your dreams?

Crystal Energy

For thousands of years mankind has been using crystals for healing, for purifying water and more recently in our technologies for saving data and fo regulating the emission of the flow of energy.

Our batteries, computers, quartz watches, lasers, liquid crystal display screens are all functioning because of crystals. Crystals are now essential to our way of life even when we don't see it.

Let's open our minds to the unseen ways the the ancients already knew.

Crystal Energy for Healing

As holistic beings, we are becoming more aware of the affects of our thoughts and words on the health of the body and what we can manifest into reality around us. We can actually make ourselves sick by what we think of ourselves or harbour inside. We can also promote healing in our selves and do the same using higher vibrational thoughts

Cellular Energy

If you have seen Dr.Emoto's experiment on the power of water, then can you imagine the power of our own words on the water and cells within our own bodies?

Why not optimism the positive and creative process of nature for our own desire?

Layering with Nature

Combining your desire with nature's ability to manifest into form is the key to Crystal Gridding. Be sure to choose your Intention wisely.

Be truly clear on what it is you want. If it healing for another person, to pay your school fees this month or to complete your assessments by a certain time frame with clarity. Being clear on what you want means that there are no grey areas or fuzzy ideas that conflict with your message.

The Universe can't help you if you are giving two opposite messages at the same time.

Also, be clear on your worth to receive. If you have any doubt to receive what you are asking for then that vibration will interfere and negate your other desires.

Which Crystals do you use?

There are so many crystals which offer us connection to the energy we need. The basic crystals used to start with would be, clear quartz as it has the highest frequency and regularity. You can use tumblestones, or quartz points. Clusters or master quartz crystals are also often used.

Other crystal to use include citrine, amethyst, lapis lazuli, sodalite, black obsidian, hematite, red jasper, carnelian, tiger's eye, rose quartz and green aventurine.

Beginning with these crystals and your intuition and sense for the energy they hold, will guide you to feel comfortable with your Crystal Gridding experience.



Crystal Gridding Basics



RULES OF GRIDDING

There are no rules

There is no right or wrong, or you will put a stress factor or resistance into the process and interfere with the energy dimension of your desire.

Have a goal, or something that you would like to change.

Intuition is paramount. Listen to your internal voice, quiet the mind, and have less mental chatter.

Choose intuitively or by what others have guided for the chosen purpose or crystals.

Have fun. Enjoy the process and be creative. Experiment with different aspects of the gridding, knowing that while you are open to the flow of energy, everything is okay.

Crystal Gridding Basics



RULES OF GRIDDING

Allow your body and mind to 'feel' the flow of power within you. Allow yourself to be the guide and the magnet for Universal energy.

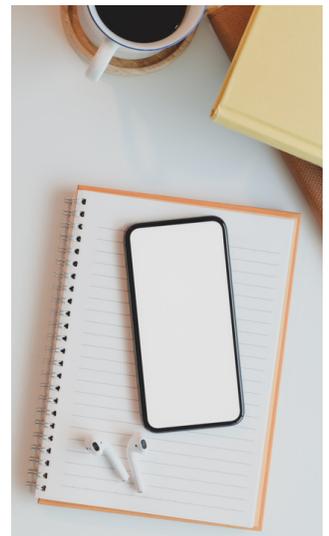
Crystals that you choose or that are known for the intention of your Grid or desire. They can be tumblestones, rough crystals or points.

Quartz gridding crystals or points - optional.

Activating Quartz Wand or a quartz point.

Goals and Intentions

When choosing a goal make sure it is realistic because if it isn't, your inner voice will resist it and it won't happy anyway. Choose your goal for yourself for others. It could be better sleep, health of a loved one, or to find something you've lost. You could be wanting peace, or to find the right relationship or better career path. Whatever your intention is, make it clear, without doubt and realistic.



Write your goal down because this way you have to be certain about it and can check on your wording if you may forget. Fold the paper on which is he written goal and place it either in the centre of the grid or under the side of the grid. Tumbled, rough or even faceted stones are centred around the "Master Crystal" which acts as the primary every force for the grid.

Making Magic

Putting together the power of your thoughts, with the energy of crystals into a format that encourages the creation of what we are imagining, is an exciting way to utilise nature's gifts.

Using crystal energy, the power of the mind which is an energy frequency of it's own, and our believe that we are our own creators is a foundation for changing things around us.

Which Grid design should you use?

Every Grid has a sacred geometry.

With Lotus Energies Crystal Gridding Intention Boards the crystals can be assembled on the board and then moved if need be.

The boards are strongest lightweight, suitable for use indoors or outdoors and designed to be moved without disturbing the energies. The Grids are not paper, laminate or material so they are durable and transportable.

Which Crystal should I use for Gridding?

1. Choose a centre crystal

1. The centre crystal, sometimes called the primary or focus crystal will mostly have a point, like a master crystal. It is the power stone or the one that has the most amplification value.

2. Choose outer crystal

2. The outer crystals, sometimes call the secondary or way crystal are chosen with your connection to them or because you know that those particular crystal are good for the purpose of your Grid.

There are many books available to recommend which particular crystals serves or certain ailments or needs, which is too exhaustive for this basics handbook to Crystal Gridding.

3. Activating crystal

3. In addition to the crystals which will stay in the layout, you will want a Activated quartz tip or Wand as the method for connecting the energies of the crystal in the Grid.

Getting Started

1. Intention
2. Location
3. The Grid
4. Selecting the cleansed crystals
5. Placing the crystals in the layout
6. Activate the Grid
7. Send your vision
8. Remain grateful
9. Record your outcome



MAKING YOUR GRID

1. Intention

Write down your intention.

Words are energy too, just like feelings, so allow the exactness of your words to become powerful.

Be clear in the words of your intention so the Universe receives an absolute message, with no resistance.

2. Location

Decide on the location of your grid.

If it is to do with your child, then placing the Grid in the bedroom is suggested. If the Grid is about money or finances then placing the grid in the office would assist the vibrational financial healing you are seeking. A Grid of protection may need to be placed near a doorway.

You may wish to sage cleanse the area or play bells or bowls to allow sound to cleanse the space and crystals for use. Subtle meditation or Reiki music in the background can help set the tone for the Gridding.

3. The Grid

It is ideal to use a grid board that can be moved without disrupting the energy field created.

There are many Grids to choose from and various styles. Some suggestions will follow.

Each layout will be different. Some layouts may be constructed with a variety of tumblestones, chips, blades or raw pieces.



4. Selection

Having cleansed crystals on hand will always help the energy flow better when you come to need them.

Select your crystals and place the primary or focus crystal into the central of the Grid - usually a standing quartz generator crystal will be the crystal of choice.

Hold your intention in your mind as you place the crystals.

5. Place the Crystals

Place the remaining crystals where your heart or the energy of your hands indicates. Fill the layout with crystals and your energy.
(more)

6. Activating Your Grid

(more)

7. Send Your Vision

(more)

8. Gratitude

Remain grateful each time you see the Grid.

Recite the affirmation of gratitude and your intention when you gaze on the crystal layout and open up to the energy sensations. Spend time with your crystal gridding to add more power to your desires coming true.

9. Record your Outcomes



www.lotus-energies.com

For More Information about –

Leanne James



Emotional Empowerment Coaching

Professional Counselling – specialised
Mind-Body Wellness & Health Coaching
Mastermind Courses
Hypnotherapy, Meditations
Personal Healings - Reiki and Crystals

Thank you!

Essential Oils – Health, Home, Harmony

Do You Need More Help?

Contact Leanne:

SMS 0431 377 192

www.Lotus-Energies.com

contact@lotus-energies.com

Bookings - calendly.com/spirit-ed

www.mydoterra.com/lotusenergies

<http://facebook.com/LotusEnergyCounselling>

<https://t.me/LotusEnergiesChannel>

<https://www.instagram.com/lotusenergies/>

[Schedule a Call](#)

Crystal Products and Services

Crystals Grid boards

Gridding workshops

Grid Designs available

P Metatron's Cube

P The Compass

P The Pentagram

P Flower of Life

P Star of David / Seed of Life

P The Trilogy

